

**45TH ORDINARY SESSION OF THE AFRICAN COMMISSION ON
HUMAN & PEOPLES' RIGHTS (ACHPR)
13TH - 27TH MAY 2009
REPUBLIC OF THE GAMBIA**

INFORMATION FOR PARTICIPANTS

A. General

The 45th Ordinary Session of the ACHPR will be held at the Kairaba Beach Hotel, The Gambia from the 13th to 27th May, 2009.

B. Credentials

State delegates and other participants are kindly requested to bring their official credentials, duly signed by the appropriate authorities in their countries or their respective organizations, and hand them to the ACHPR Secretariat prior to registration.

C. Registration and identification badges

Participants are advised to register and obtain identification badges in the main lobby area outside the Conference Hall, prior to the opening of the Session.

For identification and security reasons, all participants are requested to wear their badges at all times during the Session.

D. Immigration requirements

Every participant arriving in The Gambia should have a valid Passport. Entry visas can be obtained at any Diplomatic and Consular Mission of The Gambia. To obtain visas, participants are advised to check the existence and the location of these Missions with the Ministry of Foreign/External Affairs of their countries.

For participants who do not have The Gambian diplomatic representations in their countries, visas will be given on arrival at Banjul International Airport, upon presentation of their Letters of Invitation to the Session.

E. Health requirements

Participants must ensure that they have taken the necessary vaccinations and that they travel with their Vaccination Cards, **as these are required before admission to the country.**

F. Health facilities

Participants are kindly advised to obtain International health insurance to cover for any emergency, or incase they take ill during the period of the Session.

G. Weather

The weather is usually very warm in the month of May. Participants are advised to travel with appropriate clothing.

H. Foreign exchange and Banks

Most major convertible currencies and Travellers' Cheques can be exchanged in The Gambia. The local currency is the *Dalasi*. The exchange rates as at 25th March 2009 were as follows:

\$USD:

Buying: D25.50 to \$1
Selling: D27.00 to \$1

£GBP:

Buying: D37.25 to 1£
Selling: D39.60 to 1£

€EURO:

Buying: D34.25 to 1€
Selling: D36.50 to 1€

WEST AFRICAN CFA

Buying: D0.0520 to 1CFA
Selling: D0.0560 to 1CFA

SWISS FRANC:

Buying: D22.45 to 1CHF
Selling: D24.00 to 1CHF

SWEDISH KRONA:

Buying: D3.05 to 1SEK
Selling: D3.40 to 1SEK

NORWEGIAN KRONA:

Buying: D3.90 to 1NOK
Selling: D4.30 to 1NOK

DANISH KRONA:

Buying: D4.50 to 1DKK
Selling: D5.00 to 1DKK

CANADIAN DOLLAR:

Buying: D20.65 to 1CAD
Selling: D22.00 to 1CAD

Please note that exchange rates fluctuate.

There are a number of international ATMs (with 24 hour access) that accept Visa and ATM cards in The Gambia, and are located at the Banks, some of which are: Standard Chartered Bank, ECOBANK, and Access Bank.

Exchange operations could be done at the airport, Bureau de change, banks or at the hotels. Most Banks are open to the public from Mondays to Fridays, from 8:00hrs to 16:00hrs, (GMT); and a few on Saturdays from 9:00hrs to 13:00hrs.

Please note that at the banks, you will be required to present your Passport/Identity documents, during exchange operations.

Travellers Cheques can be cashed in Dalasi. **Western Union Transfers are also available.**

Some of the principal commercial banks not very far from the Conference venue are:

1. Standard Chartered Bank
Tel.: (+220) 4228681 /4228683
Fax: (+220) 4227714
E-mail: enquiry@scrgamb.mhs.compuserv.com
2. Ecobank (G) Ltd.
42, Kairaba Avenue
P. O. Box 3149, Serekunda
Tel.: 4399033
Fax: 4399034
3. International Commercial Bank (Gambia) Ltd
Ground Floor
GIPFZA House
48, Kairaba Avenue
Tel.: 4377878
Fax: 4377880
E-mail: icbank@icbank-gambia.com
4. First International Bank
Kairaba Avenue
Tel.: (220) 4396663 / 4396664
Fax : (220) 4396662
E-mail: fibgm@fibgm.com
5. Guarantee Trust Bank
56 Kairaba Avenue
Fajara KSMD
Tel: (220) 4376371 / 72/ 73/ 74/
Fax: (220) 437 6398
E-mail: guarantytrust@qanet.gm

6. Oceanic Bank Plc
Senegambia Highway
7. Trust Bank Gambia Ltd.
Tel.: (220) 4225771 / 78 /79
Fax: (220) 4225781
E-mail: info@trustbank.gm
8. Access Bank (G) Ltd.
47 Kairaba Avenue
Tel.: 439 8372
Fax: 439 6640
E-mail:
Website: www.accessbankgambia.com
[www/accessbankplc.com](http://www.accessbankplc.com)
9. Arab Gambian Islamic Bank Ltd.
Westfield
Tel.: (220)4222222 / 4223771
Fax: (220) 4228688
E-mail: agib@qanet.gm
10. Bank PHB (formerly International Bank of Commerce) Ltd.
24 Sayerr Jobe Avenue
Serekunda
Tel.: 439 2572

I. Airlines

A number of international airlines operate regularly to and from Banjul. Working hours of the main travel agencies are from 8.00am to 5.00pm. The following are the main travel agents and airlines operating in The Gambia:

1.	SN BRUSSELS Airlines tel: (00220) 4494687 / 4496309 / 4496300 / 4496301 / 4496302 / 4496303; fax: (00220) 4496299	8.	Globe Travel Agency tel : (00220) 4224490 / 4224970
2.	Air Senegal International tel: (00220) 4202117 / 4202118	9.	Gambia International Airlines tel : (00220) 4472757 / 4223703 / 4223700; Fax: (00220) 4472750; Email: gia-gambia@gamtel.gm
3.	Banjul Travel Agency tel: (00220) 4225833 / 4228473 / 42284371; Fax: (00220) 42255833	10.	Elysian airlines 27 Kairaba Avenue Midway Centre Tel.: 439 9078/ 439 9080 798 1671 / 721 7683 Website: www.elysianairlines.com

4.	Continental Travels tel: (00220) 4224058 / 4224059; Fax: (00220) 4224118 / 4223871	11.	Bellevue Airlines Kairaba Avenue Kanifing, KSMD tel: (00220) 4370594 / 4372 658 fax: (00220) 4373606
5.	Skyzone Travel Agency Tel.: 439 6055 /439 6121 Fax: 439 6059	12.	AL VERENGA Tel.: 4222 944
6.	Bendavia Travels Tel.: 4497 204/5 Fax: 4495 354	13.	Satguru Travels & Tours Services Kairaba Avenue Tel.: 4375 590/43 E-mail: sttsbjl@yahoo.com
7.	Easy Travel Agency Tel.: 702 3710		

J. Courier Services

DHL World Express
Mamadi Manjang Highway
Tel.: 439 6658
439 7529

K. Mobile-phone Sim Card Provider:

GAMCEL
AFRICELL
COMMIUM

L. Electricity:

The voltage in The Gambia is 220V AC, accessible with three pins normal plug.

M. Privileges and Immunities

Without prejudice to the privileges, immunities and facilities accorded to all participants, **every participant is required to respect the laws and regulations of the Republic of The Gambia, and must refrain from interference in the internal affairs of the country. No one is allowed to enter or photograph an area designated as prohibited or restricted.** Breach of such regulations should be avoided at all times. If in doubt, please seek advice from the authorities concerned.

N. Documents

Participants are advised to seek **written authorization from the Secretary to the Commission for the distribution of their documents at the conference area.** Kindly note that no documents will be circulated without the written authorization of the Secretary to the Commission.

O. Hotel accommodation

The list of hotels is provided at the end of this Information Note. Participants are advised to book with these hotels directly.

		LIST OF HOTELS							
NO	HOTEL NAME	ROOM PRICE (Gambian Dalasis) -					FACILITIES OFFERED	ADDRESS	DISTANCE
		US\$1.00 = D26.50							
		1st category SINGLE	2nd category SINGLE	1st category DOUBLE	2nd category DOUBLE	SUITE/ APARTMENT			
1.	CORINTHIA ATLANTIC HOTEL	2,000.00	-	2,750.00	-	3,000.00	204 AC rooms Room service. Refrigerator. Satellite TV. Swimming pool. Fitness centre. Direct dialling telephone facilities and internet. Rates include Breakfast, Lunch: D350.00 Dinner: D670.00	P.O.Box 296 Banjul The Gambia. Tel. (00220) 4228601 - 3 Fax: (00220)4227861 Email: atlantic@conrinthia.com Website: www.corinthia.com	Approx. 25km from Banjul International Airport

2.	CARLTON HOTEL	800.00 (Rooms with AC+TV) 600 (Rooms AC, no TV)	850.00 (Rooms with AC+TV)	800 (Rooms with AC+TV) 650(Rooms with AC, no TV)	850 (Rooms with AC+TV)	Rooms without AC single 500 double 550	30 rooms with AC. Satellite TV. No telephone facilities. Breakfast: D50-100.00 Lunch: menu Dinner: menu	Carton Hotel 25 Independence Drive P.O.Box 639 Banjul Tel: (00220) 4228670 Fax: (00220) 4227214	Approx. 25km from Banjul International Airport
3.	OCEAN BAY HOTEL	3,040.00	-	3,296.00		2,756.00 single 3,008.00 double Premium 3,968.00 Residential 11,040.00	195 rooms. Satellite TV channels. Refrigerator. Multi-functional kitchen. AC. Bar and restaurant. Swimming pool. Sophisticated fitness centre. Library. Mini bar. Electronic safe. Internet and direct dialling telephone facilities.	P.O.Box 4065 Bakau, Cape Point Banjul, The Gambia. Tel: (00220) 4494265 Fax:(00220) 4494268 Email: oceanbay@gamtel.gm Website: www.oceanbayhotel.com	Aprox. 18km from Banjul International Airport

							Breakfast included Lunch: D450.00 Dinner: D550.00		
4.	SUNBEACH HOTEL	3,630.00	-	4,620.00	-	8,250.00	184 rooms. Satellite TV. chennels. Refrigerator. AC. Bar and restaurant. Two swimming pools. Wellness centre. Telephone and internet cafe. Breakfast included. Lunch: D600.00 Dinner: 600.00	Koffi Annan Street Cape Point, Bakau The Gambia. Tel: (00220) 4497190 Fax: (00220) 4497193 Email: info@sunbeachhotel.com Website: www.sunbeachhotel.com	Approx. 18km from Banjul International Airport
5.	CAPE POINT HOTEL	1,850.00	-	1,400.00 (No AC.)	1,800.00 (With AC)	2,200.00	74 rooms. AC. Satellite TV. Room service. Telephone with IDD facilities.	Cape St. Mary P.O.Box 2294 Serrekunda, The Gambia Tel: (00220) 4494697 / 4495005 Fax: (00220) 4495375 Email: capepointhotel@qanet.gm	Approx. 18km from Banjul International Airport

							Safe. Swimming pool. Bar and restaurant and business centre. Breakfast included. Lunch: menu Dinner: menu		
6.	ROC HEIGHTS LODGE	1,600.00	-	2,125.00	1,876.00	2,975.00	18 rooms. Air condition. Mini-bar. Restaurant. Satellite TV. Beach view. Telephone. Internet. Meeting room. Conference hall, Breakfast: D200.00 Lunch: D250.00 Dinner:250.00	Samba Breku Road Cape Point, KSMD The Gambia. Tel:(00220) 4495428 9918727 Email: enquiries@rocheightslogde.com Website: www.rocheightslodge.com	Approx. 20km from Banjul International Airport
7.	KAIRABA BEACH HOTEL	3,210.00	3,510.00	3,690.00	4,020.00	Single: 3,840.00 Double: 4,320 P.Suite:4,650	157 rooms. Refrigerator. Satellite TV. Swimming pool. Bar and	The Kairaba Beach Hotel P.M.B.390 Serrekunda The Gambia, West Africa. Tel: (00220) 4462940 /1 /2 Fax: (00220) 4462947	Approx. 10km from Banjul International Airport

							restaurant Room service. Direct dialling telephone facilities. Internet. Key card system and in-house video. Breakfast included. Lunch: D300.00 Dinner: D300.00	E-mail: kairaba@gamtel.gm Website: www.kairabahotel.com	
8.	SENEGAMBIA BEACH HOTEL	2,800.00	-	3,500.00	-	Single: 3,500.00 Double: 4,200.00	325 rooms. Swimming pool. Bar and restaurant. Volley ball, squash and tennis court. Nine hole mini golf. Night club, four restaurants and satellite chennels. Breakfast included.	P.O.Box 2373 Serrekunda The Gambia Tel: (00220) 4462717 / 4462718 / 4462719 Fax: (00220) 4461839 Email: senegambia@gamtel.com	Approx. 10km from Banjul International Airport

							Lunch: D150-300.00 Dinner: D200-495.00		
9.	SAGE HOTEL (formally TAFBEL)	970.00 No AC	1,350.00 With AC	1,655.00 No AC	2,080.00	2,400.00	90 standard rooms with multi-channels TV. Air condition. Direct dialling telephone facilities. Swimming pools. Safe deposit box. Bar and restaurant. Breakfast included. Lunch: D150.00 Dinner: D200.00	P.O.Box 121 Banjul, The Gambia Tel: (00220) 4460510 / 4460511 / 4460512 / 4460514 Fax: (00220) 4460515 E-mail: info@tafgambia.com or tafbel@qanet.gm Web: www.tafgambia.com	Approx. 10km from Banjul International Airport
10.	TAFBEL ANNEX	1,450.00	-	2,400.00	-	-	14 self-catering rooms. AC. Garden. 24 hour security and reception service. Satellite TV.	P.O.Box 121 Banjul, The Gambia Tel: (00220) 4461024 / 4461035 Fax: (00220) 4461904 Email: tafannex@yahoo.co.uk	Approx. 10km from Banjul International Airport

							Direct dialling telephone facility		
11.	PARADISE SUITES HOTEL	1,600.00	1,900.00	1,800.00	2,200.00	3,200.00	45 rooms. Self catering AC. TV. IDD and internet facilities. Message parlour. Room service. Swimming pool. Bar and restaurant. Conference hall. Breakfast included. Lunch: D200-250.00. Dinner: D200-250.00	Badala Park Highway Kololi, K.S.M.D. P.O.Box 802, Banjul Tel: (00220) 4463429 / 4463439 Fax: (00220) 4463451 Email: info@paradisesuites.gm	Approx. 10km from Banjul International Airport
12.	BUNGALOW BEACH HOTEL	1,282.00 1,662.00	1,285.00	1,710.00	2,350.00	2,475.00	110 rooms. Swimming pool. TV. AC. Cocktail terrace. Bar with sea view. Business centre. Restaurant. Breakfast	P.O.Box 2637 Serrekunda, The Gambia Tel: (00220) 4465288 / 4465623 /4460316. Fax: (00220) 4466180 Email: info@bbhotel.gm	Approx. 11km from Banjul International Airport

							included. Lunch: D200-400.00 Dinner: D200-400.00		
13.	KOMBO BEACH HOTEL	1,850.00 (With AC.) 1,800.00 (Without AC.)	-	2,500.00 (With AC.) 1,820.00 (Without AC.)	4,250.00 (Without AC.)	9,000.00	250 Rooms. Satellite T.V. Refrigerator. Hair dryer. AC. Sitting room. Safe. Terrace. Swimming pool and sea view. Lunch: D200-350.00 Dinner: D200-400.00	P.O.Box 694 Banjul, The Gambia. Tel: (00220) 4465466 Fax: (00220) 4465490 Email: info@kombobeachhotel.gm	Approx. 11km from Banjul International Airport
14.	BADALA PARK HOTEL	1,000.00 No AC	1,400.00 with AC	1,300.00 No AC	1,700.00 With AC	-	Rooms with Satellite T.V Refrigerator. Mini Market. Bar and restaurant. Swimming pool. Wellness centre. Internet Cafe. Breakfast Included Lunch:	P.M.B 467 Kotu Stream, Serrekunda, The Gambia Tel: (00220) 4460400 Fax: (00220) 4460402 Email: badalaparkhotel@hotmail.com	Approx. 11km from Banjul International Airport

							D200.00 Dinner: D350.00		
15.	SUNSET BEACH HOTEL	2,500.00	-	2,900.00	2,400.00	Single: 3,000.00 Double: 3,500.00	97 rooms. Cable TV. chennels. IDD telephone system. AC. Bar and restaurant. Internet facilities. Electronic safe. Beauty salon. Mini- market. Swimming pool. Breakfast included. Lunch: 350.00 Dinner: D350.00	Kotu Stream Road P.M.B. 541, Serrekunda The Gambia. Tel: (00220) 4466397 / 4463876 Fax: (00220) 4463874 Email: info@sunsetbeachhotel.com Website: www.sunsetbeachhotel.com	Approx. 11km from Banjul International Airport
16.	HOLIDAY SUITE	1,000	-	1,200.00	-	1,500.00	14 rooms with air- conditioning. Multi-channel TV. Bar and restaurant. Refrigerators. Telephone	Holiday Suites Kololi The Gambia Tel: (00220)4461075 Fax: (00220)4461077	Approx. 11km from Banjul International Airport

							with IDD facilities. Breakfast included. Lunch: D100.00 Dinner: 100.00		
17	PALMA RIMA HOTEL	1,550.00 With AC	2,550.00	2,200.00	3,150.00	Single: 2,550.00 Double:3,150.00	152 rooms with air-conditioning. TV. Bar and restaurant. Refrigerators. Breakfast included.	Tel: 4460001,4460002 446 3380	Approx. 10km from Banjul International Airport
18	BAKADAJI HOTEL	700.00		900.00		1,500.00	Bungalows (for 2 & 5 people) kitchen, salon, terrace, fan and refrigerator	Email : lnbn@qanet.gm Tel: 220 4462307 /	Approx. 10km from Banjul International Airport
19	BIJILO BEACH HOTEL	1,500.00						Tel: +220 446 2701 /06 /07 Box 4061, Bakau – www.bijiloBeachHotel.com	Approx. 10 minutes), 12 km from the Airport and less than 5 mins walk from the famous Bijilo Forest

									Park.
20	MANSEA BEACH HOTEL	1,000.00		1,500.00		2,800.00	135 rooms. TV. AC, Restaurant, Telephone, conference hall Buffet breakfast included.	Tel: +220 4 461 177 Fax: +220 4 461 188 Post Box 4068, Bakau The Gambia, Email: mansea@manseabeachhotel.com	Approx. 10km from Banjul International Airport
21	SEAVIEW GARDENS HOTEL	1,500.00		2,000.00		Single:2,000.00 Double: 2,500.00	27 rooms. TV. AC, swimming pool, pool bar & Restaurant. Salon, massage centre. Breakfast included. Free internet facilities.	Tel : 4466660	Approx. 10km from Banjul International Airport
22	GOLDEN BEACH HOTEL	1,400.00		2,300.00		2,500.00	Rooms with TV and AC, shuttle service to/from the conference centre.	Tel 220-446 5111 Mob 220-776 3856 Fax 220-446 3722 www.goldenbeachhotel.gm	Approx. 10km from Banjul International Airport

23	FRIENDSHIP HOSTEL	500.00		600.00			110 rooms. TV. AC, swimming pool, pool bar & Restaurant. Breakfast included.	Tel: 4495830	Approx. 16km from Banjul International Airport
24.	OMAKAN HOTEL	Junior Single suite D1,500.00	Bungalow Double Suite 1,700.00	Family Suite: 2,300.00		Presidential Suite: 2,500.00	Rooms with AC Bed and Breakfast	E-mail: omakanhotel@qanet.gm	
25.	LEMON CREEK HOTEL RESORT	D1,500.00	-	D2,000.00			All rates include Breakfast. Conference room facilities for 20 to 25 people; 40 luxurious en suite rooms, with sea view terraces, traditional massage, pedicure and manicure, etc.	Kombo Airport Highroad, Bijilo Elton Petrol Station junction Tel.: 220 6611800; 6611200; 6611 500 Mail: lemon.creek@hotmail.com info@lemoncreek.net www.lemoncreek.net	20 minutes from the Banjul International Airport, 2 km from Kairaba Beach Hotel
26.	LUGIS COMPLEX	£25 per day or £150 per week	-	Standard double £225 per week	1 bedroom (self catering) Apartment	2 bedrooms (self catering) Apartments £450 per week	All rooms are air-conditioned. All rates are breakfast	E-mail: Tel 4460 282 luigiscomplex@gmail.com	

					£275 per week		inclusive, except for self catering apartments. Restaurant also available.	
27.	GAMBIA PASTORAL INSTITUTE (GPI)	250.00 dalasi (room with fan) 350.00 2 nd category (room with fan)	500.00 dalasi (room with A/C) 600.00 dalasi (2 nd category with fan) 600.00 dalasi (2 nd category)	450.00 dalasi (room with fan)	800.00 dalasi (room with A/C)		Meals: Breakfast: D70.00 Lunch D180.00 Dinner D200.00 Note: 10% deposit must be made when booking is confirmed.	P.M.B. 296, Serekunda. Tel.: 439 4847 Fax: E-mail:
28.	RIYAN APARTMENTS					One Bedroom Apartment: D1,000.00 per day Monthly rental: D20,000.00 Two Bedroom Apartments: 1,600 per day Monthly rental: 37,000	Nice homely design, garden, and swimming pool. 5 minutes away from the beach, and 2 minutes drive away from Senegambia	Bertil – Harding Highway P. O. Box 2032, Kololi Village, The Gambia Tel/Fax.: 446 37 34 E-mail : info@riyanapartments.gm Website : gambiariyanapartments.blog.com

							and Kairaba hotels; 30 minutes away from the airport. Note: The rates are applicable for May – September, and exclude electricity.		
29.	COCONUT RESIDENCE 5 star hotel	Junior Suite: 150 Euros	Deluxe Suite: 180 Euros	Superior Suite: 190 Euros	Club House: 220 Euros Pillar Suites: 240 Euros	Royal Suites: 280 Euros	Business Centre, wifi connectivity in rooms, restaurant, etc. All rates are inclusive of Breakfast.	Tel.: 446 3377 / 446 3399 Fax: 446 1835 E-mail: info@coconutresidence.com	22 minutes from the Banjul International Airport, a few km from Kairaba Beach hotel
30.	SHERATON 5 star hotel							Tel.: 441 0889 / 441 0897/94/95/96 Fax: 441 0879 E-mail: reservations.gambia@sheraton.com Website : www.sheraton.com/gambia	