

**46TH ORDINARY SESSION OF THE AFRICAN COMMISSION ON
HUMAN & PEOPLES' RIGHTS (ACHPR)
11TH - 25TH NOVEMBER 2009
REPUBLIC OF THE GAMBIA**

INFORMATION FOR PARTICIPANTS

A. General

The 46th Ordinary Session of the ACHPR will be held at the *Sheraton Hotel*, The Gambia from the 11th to 25th May, 2009.

B. Credentials

State delegates and other participants are kindly requested to bring their official credentials, duly signed by the appropriate authorities in their countries or their respective organizations, and hand them to the ACHPR Secretariat prior to registration.

C. Registration and identification badges

Participants are advised to register and obtain identification badges in the main lobby area outside the Conference Hall, prior to the opening of the Session.

For identification and security reasons, all participants are requested to wear their badges at all times during the Session.

D. Immigration requirements

Every participant arriving in The Gambia should have a valid Passport. Entry visas can be obtained at any Diplomatic and Consular Mission of The Gambia. To obtain visas, participants are advised to check the existence and the location of these Missions with the Ministry of Foreign/External Affairs of their countries.

For participants who do not have The Gambian diplomatic representations in their countries, visas will be given on arrival at Banjul International Airport, upon presentation of their Letters of Invitation to the Session.

E. Health requirements

Participants must ensure that they have taken the necessary vaccinations and that they travel with their Vaccination Cards, **as these are required before admission to the country.**

F. Health facilities

Participants are kindly advised to obtain International health insurance to cover for any emergency, or incase they take ill during the period of the Session.

G. Weather

The weather is usually warm in the month of November. Participants are advised to travel with appropriate clothing.

H. Foreign exchange and Banks

Most major convertible currencies and Travellers' Cheques can be exchanged in The Gambia. The local currency is the *Dalasi*. The exchange rates as at 24th September 2009 were as follows:

\$USD:

Buying: D26.00 to \$1
Selling: D27.30 to \$1

£GBP:

Buying: D41.55 to 1£
Selling: D43.80 to 1£

€EURO:

Buying: D38.05 to 1€
Selling: D40.20 to 1€

WEST AFRICAN CFA

Buying: D0.0580 to 1CFA
Selling: D0.0620 to 1CFA

SWISS FRANC:

Buying: D25.15 to 1CHF
Selling: D26.60 to 1CHF

SWEDISH KRONA:

Buying: D3.70 to 1SEK
Selling: D4.10 to 1SEK

NORWEGIAN KRONA:

Buying: D4.40 to 1NOK
Selling: D4.80 to 1NOK

DANISH KRONA:

Buying: D5.05 to 1DKK
Selling: D5.60 to 1DKK

CANADIAN DOLLAR:

Buying: D23.70 to 1CAD

Selling: D25.10 to 1CAD

JAPANESE YEN:

Buying: D0.2840 to 1 Yen

Selling: D0.3050 to 1 Yen

Please note that exchange rates fluctuate.

There are a number of international ATMs (with 24 hour access) that accept Visa and ATM cards in The Gambia, and are located at the Banks, some of which are: Standard Chartered Bank, ECOBANK, and Access Bank.

Exchange operations could be done at the airport, Bureau de change, banks or at the hotels. Most Banks are open to the public from Mondays to Fridays, from 8:00hrs to 16:00hrs, (GMT); and a few on Saturdays from 9:00hrs to 13:00hrs.

Please note that at the banks, you will be required to present your Passport/Identity documents, during exchange operations.

Travellers Cheques can be cashed in Dalasi. **Western Union Transfers are also available.**

Some of the principal commercial banks not very far from the Conference venue are:

1. Standard Chartered Bank
Tel.: (+220) 4228681 /4228683
Fax: (+220) 4227714
E-mail: enquiry@scrgamb.mhs.compuserv.com
2. Ecobank (G) Ltd.
42, Kairaba Avenue
P. O. Box 3149, Serekunda
Tel.: 4399033
Fax: 4399034
3. International Commercial Bank (Gambia) Ltd
Ground Floor
GIPFZA House
48, Kairaba Avenue
Tel.: 4377878
Fax: 4377880
E-mail: icbank@icbank-gambia.com

4. First International Bank
Kairaba Avenue
Tel.: (220) 4396663 / 4396664
Fax : (220) 4396662
E-mail: fibgm@fibgm.com
5. Guarantee Trust Bank
56 Kairaba Avenue
Fajara KSMD
Tel: (220) 4376371 / 72/ 73/ 74/
Fax: (220) 437 6398
E-mail: guarantytrust@qanet.gm
6. Oceanic Bank Plc
Senegambia Highway
7. Trust Bank Gambia Ltd.
Tel.: (220) 4225771 / 78 /79
Fax: (220) 4225781
E-mail: info@trustbank.gm
8. Access Bank (G) Ltd.
47 Kairaba Avenue
Tel.: 439 8372
Fax: 439 6640
E-mail:
Website: www.accessbankgambia.com
www.accessbankplc.com
9. Arab Gambian Islamic Bank Ltd.
Westfield
Tel.: (220)4222222 / 4223771
Fax: (220) 4228688
E-mail: agib@qanet.gm
10. Bank PHB (formerly International Bank of Commerce) Ltd.
24 Sayerr Jobe Avenue
Serekunda
Tel.: 439 2572

I. Airlines

A number of international airlines operate regularly to and from Banjul. Working hours of the main travel agencies are from 8.00am to 5.00pm. The following are the main travel agents and airlines operating in The Gambia:

1.	SN BRUSSELS Airlines tel: (00220) 4494687 / 4496309 / 4496300 / 4496301 / 4496302 / 4496303; fax: (00220) 4496299	7.	Globe Travel Agency tel : (00220) 4224490 / 4224970
2.	Banjul Travel Agency tel: (00220) 4225833 / 4228473 / 42284371; Fax: (00220) 42255833	8.	Gambia International Airlines tel : (00220) 4472757 / 4223703 / 4223700; Fax: (00220) 4472750; Email: gia-gambia@gamtel.gm
3.	Continental Travels tel: (00220) 4224058 / 4224059; Fax: (00220) 4224118 / 4223871	9.	Elysian airlines 27 Kairaba Avenue Midway Centre Tel.: 439 9078/ 439 9080 798 1671 / 721 7683 Website: www.elysianairlines.com
4.	Skyzone Travel Agency Tel.: 439 6055 /439 6121 Fax: 439 6059	10.	Belleview Airlines Kairaba Avenue Kanifing, KSMD tel: (00220) 4370594 / 4372 658 fax: (00220) 4373606
5.	Bendavia Travels Tel.: 4497 204/5 Fax: 4495 354	11.	AL VERENGA Tel.: 4222 944
6.	Easy Travel Agency Tel.: 702 3710	12.	Satguru Travels & Tours Services Kairaba Avenue Tel.: 4375 590/43 E-mail: sttsbjl@yahoo.com

J. Courier Services

DHL World Express

Mamadi Manjang Highway

Tel.: 439 6658

439 7529

K. Mobile-phone Sim Card Provider:

GAMCEL

AFRICELL

COMMIUM

QCELL

L. Electricity:

The voltage in The Gambia is 220V AC, accessible with three pins normal plug.

M. Privileges and Immunities

Without prejudice to the privileges, immunities and facilities accorded to all participants, **every participant is required to respect the laws and regulations of the Republic of The Gambia, and must refrain from interference in the internal affairs of the country. No one is allowed to enter or photograph an area designated as prohibited or restricted.** Breach of such regulations should be avoided at all times. If in doubt, please seek advice from the authorities concerned.

N. Documents

Participants are advised to seek **written authorization from the Secretary to the Commission for the distribution of their documents at the conference area.** Kindly note that no documents will be circulated without the written authorization of the Secretary to the Commission.

O. Hotel accommodation

Participants are advised to make their hotel reservations on time given that the month of November is a tourist season, and that there are other meetings which have been scheduled in The Gambia around the same period.

The list of hotels is provided at the end of this Information Note. Participants are advised to book with these hotels directly.

NO	HOTEL NAME	FACILITIES OFFERED	ADDRESS	DISTANCE
1.	CORINTHIA ATLANTIC HOTEL	204 AC rooms Room service. Refrigerator. Satellite TV. Swimming pool. Fitness centre. Direct dialling telephone facilities and internet.	P.O.Box 296 Banjul The Gambia. Tel. (00220) 4228601 - 3 Fax: (00220)4227861 Email: atlantic@conrinthia.com Website: www.corinthia.com	Approx. 25km from Banjul International Airport
2.	CARLTON HOTEL	30 rooms with AC. Satellite TV. No telephone facilities.	Carton Hotel 25 Independence Drive P.O.Box 639 Banjul Tel: (00220) 4228670 Fax: (00220) 4227214	Approx. 25km from Banjul International Airport
3.	OCEAN BAY HOTEL	195 rooms. Satellite TV channels. Refrigerator. Multi-functional kitchen. AC. Bar and restaurant. Swimming pool. Sophisticated	P.O.Box 4065 Bakau, Cape Point Banjul, The Gambia. Tel: (00220) 4494265 Fax:(00220) 4494268 Email: oceanbay@gamtel.gm Website: www.oceanbayhotel.com	Aprox. 18km from Banjul International Airport

		fitness centre. Library. Mini bar.Electronic safe. Internet and direct dailling telephone facilities.		
4.	SUNBEACH HOTEL	184 rooms. Satellite TV. chennels. Refrigerator. AC. Bar and restaurant. Two swimming pools. Wellness centre. Telephone and internet cafe.	Koffi Annan Street Cape Point, Bakau The Gambia. Tel: (00220) 4497190 Fax: (00220) 4497193 Email: info@sunbeachhotel.com Website: www.sunbeachhotel.com	Approx. 18km from Banjul International Airport
5.	CAPE POINT HOTEL	74 rooms. AC. Satellite TV. Room service. Telephone with IDD facilities. Safe. Swimming pool. Bar and restaurant and business centre.	Cape St. Mary P.O.Box 2294 Serrekunda, The Gambia Tel: (00220) 4494697 / 4495005 Fax: (00220) 4495375 Email: capepointhotel@qanet.gm	Approx. 18km from Banjul International Airport
6.	ROC HEIGHTS LODGE	18 rooms. Air condition. Mini-bar. Restaurant. Satellite TV.	Samba Breku Road Cape Point, KSMD The Gambia. Tel:(00220) 4495428 9918727	Approx. 20km from Banjul International Airport

		Beach view. Telephone. Internet. Meeting room. Conference hall,	Email: enquiries@rocheightslogde.com Website: www.rocheightslodge.com	
7.	KAIRABA BEACH HOTEL	157 rooms. Refrigerator. Satellite TV. Swimming pool. Bar and restaurant Room service. Direct dialling telephone facilities. Internet. Key card system and in-house video.	The Kairaba Beach Hotel P.M.B.390 Serrekunda The Gambia, West Africa. Tel: (00220) 4462940 /1 /2 Fax: (00220) 4462947 E-mail: kairaba@gamtel.gm Website: www.kairabahotel.com	Approx. 10km from Banjul International Airport
8.	SENEGAMBIA BEACH HOTEL	325 rooms. Swimming pool. Bar and restaurant. Volley ball, squash and tennis court. Nine hole mini golf. Night club, four restaurants and satellite channels.	P.O.Box 2373 Serrekunda The Gambia Tel: (00220) 4462717 / 4462718 / 4462719 Fax: (00220) 4461839 Email: senegambia@gamtel.com	Approx. 10km from Banjul International Airport
9.	SAGE HOTEL (formally TAFBEL)	90 standard rooms with multi-channels TV.	P.O.Box 121 Banjul, The Gambia Tel: (00220) 4460510 / 4460511 / 4460512 / 4460514	Approx. 10km from Banjul International

		Air condition. Direct dialing telephone facilities. Swimming pools. Safe deposit box. Bar and restaurant.	Fax: (00220) 4460515 E-mail: info@tafgambia.com or tafbel@qanet.gm Web: www.tafgambia.com	Airport
10.	TAFBEL ANNEX	14 self-catering rooms. AC. Garden. 24 hour security and reception service. Satellite TV. Direct dialling telephone facility	P.O.Box 121 Banjul, The Gambia Tel: (00220) 4461024 / 4461035 Fax: (00220) 4461904 Email: tafannex@yahoo.co.uk	Approx. 10km from Banjul International Airport
11.	PARADISE SUITES HOTEL	45 rooms. Self catering AC. TV. IDD and internet facilities. Message parlour. Room service. Swimming pool. Bar and restaurant. Conference hall	Badala Park Highway Kololi, K.S.M.D. P.O.Box 802, Banjul Tel: (00220) 4463429 / 4463439 Fax: (00220) 4463451 Email: info@paradisessuites.gm	Approx. 10km from Banjul International Airport
12.	BUNGALOW BEACH HOTEL	110 rooms. Swimming pool. TV. AC. Cocktail terrace. Bar with sea view.	P.O.Box 2637 Serrekunda, The Gambia Tel: (00220) 4465288 / 4465623 / 4460316. Fax: (00220) 4466180 Email: info@bbhotel.gm	Approx. 11km from Banjul International Airport

		Business centre. Restaurant.		
13.	KOMBO BEACH HOTEL	250 Rooms. Satellite T.V. Refrigerator. Hair dryer. AC. Sitting room. Safe. Terrace. Swimming pool and sea view.	P.O.Box 694 Banjul, The Gambia. Tel: (00220) 4465466 Fax: (00220) 4465490 Email: info@kombobeachhotel.gm	Approx. 11km from Banjul International Airport
14.	BADALA PARK HOTEL	Rooms with Satellite T.V Refrigerator. Mini Market. Bar and restaurant. Swimming pool. Wellness centre. Internet Cafe.	P.M.B 467 Kotu Stream, Serrekunda, The Gambia Tel: (00220) 4460400 Fax: (00220) 4460402 Email: badalaparkhotel@hotmail.com	Approx. 11km from Banjul International Airport
15.	SUNSET BEACH HOTEL	97 rooms. Cable TV. channels. AC. Bar and restaurant. Internet Electronic safe. salon. Mini- market. Swimming pool.	Kotu Stream Road P.M.B. 541, Serrekunda The Gambia. Tel: (00220) 4466397 / 4463876 Fax: (00220) 4463874 Email: info@sunsetbeachhotel.com Website: www.sunsetbeachhotel.com	Approx. 11km from Banjul International Airport
16.	HOLIDAY SUITE	14 rooms with air- conditioning. Multi-channel TV. Bar and	Holiday Suites Kololi The Gambia Tel: (00220)4461075	Approx. 11km from Banjul International Airport

		restaurant. Refrigerators. Telephone with IDD facilities.	Fax: (00220)4461077	
17	PALMA RIMA HOTEL	152 rooms with air- conditioning. TV. Bar and restaurant. Refrigerators.	Tel: 4460001,4460002 446 3380	Approx. 10km from Banjul International Airport
18	BAKADAJI HOTEL	Bungalows (for 2 & 5 people) kitchen, salon, terrace, fan and refrigerator	Email : lnbn@qanet.gm Tel: 220 4462307 /	Approx. 10km from Banjul International Airport
19	BIJILO BEACH HOTEL		Tel: +220 446 2701 /06 /07 Box 4061, Bakau – www.bijiloBeachHotel.com	Approx. 10 minutes), 12 km from the Airport and less than 5 mins walk from the famous Bijilo Forest Park.
20	MANSEA BEACH HOTEL	135 rooms. TV. AC, Restaurant, Telephone, conference hall	Tel: +220 4 461 177 Fax: +220 4 461 188 Post Box 4068, Bakau The Gambia, Email: mansea@manseabeachhotel.com	Approx. 10km from Banjul International Airport
21	SEAVIEW GARDENS HOTEL	27 rooms. TV. AC, swimming pool, pool bar & Restaurant.	Tel : 4466660	Approx. 10km from Banjul International Airport

		Salon, massage centre. Free internet facilities.		
22	GOLDEN BEACH HOTEL	Rooms with TV and AC, shuttle service to/from the conference centre.	Tel 220-446 5111 Mob 220-776 3856 Fax 220-446 3722 www.goldenbeachhotel.gm	Approx. 10km from Banjul International Airport
23	FRIENDSHIP HOSTEL	110 rooms. TV. AC, swimming pool, pool bar & Restaurant. Breakfast included.	Tel: 4495830	Approx. 16km from Banjul International Airport
24.	OMAKAN HOTEL	Rooms with AC Bed and Breakfast	E-mail: omakanhotel@qanet.gm	
25.	LEMON CREEK HOTEL RESORT	All rates include Breakfast. Conference room facilities for 20 to 25 people; 40 luxurious en suite rooms, with sea view terraces, traditional massage, pedicure and manicure, etc.	Kombo Airport Highroad, Bijilo Elton Petrol Station junction Tel.: 220 6611800; 6611200; 6611 500 Mail: lemon.creek@hotmail.com info@lemoncreek.net www.lemoncreek.net	20 minutes from the Banjul International Airport, 2 km from Kairaba Beach Hotel

26.	LUGIS COMPLEX	All rooms are air-conditioned. All rates are breakfast inclusive, except for self catering apartments. Restaurant also available.	E-mail: Tel 4460 282 luiscomplex@gmail.com	
27.	GAMBIA PASTORAL INSTITUTE (GPI)	Note: 10% deposit must be made when booking is confirmed.	P.M.B. 296, Serekunda. Tel.: 439 4847 Fax: E-mail:	
28.	RIYAN APARTMENTS	Nice homely design, garden, and swimming pool. 5 minutes away from the beach, and 2 minutes drive away from Senegambia and Kairaba hotels; 30 minutes away from the airport. Note: The rates exclude electricity.	Bertil – Harding Highway P. O. Box 2032, Kololi Village, The Gambia Tel/Fax.: 446 37 34 E-mail : info@riyanapartments.gm Website : gambiarianapartments.blog.com	

29.	COCONUT RESIDENCE 5 star hotel	Business Centre, wifi connectivity in rooms, restaurant, etc.	Tel.: 446 3377 / 446 3399 Fax: 446 1835 E-mail: info@coconutresidence.com	22 minutes from the Banjul International Airport, a few km from Kairaba Beach hotel
30.	SHERATON 5 star hotel		Tel.: 441 0889 / 441 0897/94/95/96 Fax: 441 0879 E-mail: reservations.gambia@sheraton.com Website : www.sheraton.com/gambia	